

## UNAI MEMBER ACTIVITY REPORT 2017/2018

### Bishop Benziger College of Nursing

#### India

During the 2017/2018 reporting period, Bishop Benziger College of Nursing undertook a number of activities that underscore its commitment to UNAI and its principles. The following examples stand out as particularly noteworthy:

#### World Immunisation Day 2017

As a part of World Immunization Day, students of Bishop Benziger College of nursing (Child Health Nursing Department) rendered a Health Talk at Pediatric Unit of Bishop Benziger Hospital on 10th November 2017 from 10am to 12pm.



**BISHOP BENZIGER  
COLLEGE OF NURSING**

The talk included importance of immunizing children on right time, stigmas on vaccinations etc...The program was organized under the 3rd Sustainable Development Goal of UN, to ensure healthy lives and promote wellbeing for all at all ages.

#### World Diabetes Day 2017

As a part of world diabetes day observance BSc Nursing students of Bishop Benziger College of Nursing Kollam in collaboration with Bishop Benziger Hospital organized a free Health Checkup (Height, Weight, Random Blood sugar & Blood pressure) on 14th November 2018 at Bishop Benziger Hospital. The program was in line with the sustainable development goal of UN, good health and wellbeing by tackling the common killer disease and promoting quality life. Around 400 people came for checkup and few were referred for free consultation at Bishop Benziger Hospital. Poster presentations and health education were also arranged for the public, where instructions on prevention and management of diabetes were given.

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## Republic Day 2017

BSc Nursing students of Bishop Benziger College of Nursing Kollam along with faculty members visited ABHAYA charitable Trust, Eravipuram, Kollam on 26th January 2018 at 10am. A health screening was conducted by the Medical Surgical Department in collaboration with Obstetrics and Gynecological Nursing Department for the inmates of ABHAYA, to ensure healthy lives and promote wellbeing for all at all ages, followed by a health talk on Menstrual Hygiene and Personal Hygiene. Program ended at 1pm.

Obstetrics and Gynecological Nursing Department also visited Government Hospital Kollam and rendered health education on Antenatal & Postnatal diet and exercises to all mothers of these hospital wards from 1pm to 4pm.



## National Science Day 2018

Students of Bishop Benziger College of Nursing, Kollam organized an exhibition as a part of national Science day observance on 27th February 2018 at college auditorium from 12pm to 2pm. The exhibits included posters on various Indian Scientists, magnificent inventions and few still models like Human Heart, PSLV etc...



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## Prevention Of Blindness Week



As a part of Prevention of Blindness week celebration, the IV Year B.Sc Nursing students from Bishop Benziger College of Nursing Kollam, conducted a health awareness class on Care Of Eyes, Refractive Errors & Its Management, and also did a story telling on Sore Eyes & Its Management at Community area, Anugraha Nagar, Pallithottam Kollam on 7th April 2018.

## World Health Day 2018

As a part of world health day 2018, 3rd year BSc nursing students of Bishop Benziger College of nursing Kollam conducted an awareness rally (from Chinnakkada to Bishop Benziger Hospital) on 7th April 2018 at 8am. Aim of the rally was to impart awareness to the general public regarding the “importance of good health and wellbeing for people” one among the Sustainable development goals of UN. The group also conducted a role play at premises of Bishop Benziger Hospital. Dr. Sujay Ranga Chief Interventional cardiologist delivered a health message on the occasion.



A role play on World Health day theme: “Universal coverage of health services” was also conducted at Community area, Anugraha Nagar, Pallithottam by IV Year B.Sc. Nursing students from Bishop Benziger College of Nursing, Kollam. The program stressed on the awareness regarding “need of Clean water and sanitation”, 6th sustainable goal of UN to promote healthy lives.

## International Women’s Day Celebration 2018



Obstetrics and Gynecological Nursing Department in collaboration with Community Health Nursing Department of Bishop Benziger College of Nursing Kollam, conducted an awareness program on the theme of International Women’s Day “Press For Progress” on 8th March 2018 at Community Health

Centre Pallithottam, Kollam from 9am to 12pm. The objective of the program was on par with

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the 5th Sustainable Development goal of UN, Gender equality. IV Year B.Sc Nursing students from Bishop Benziger College of Nursing conducted a role play and puppet show on women empowerment and had also conducted an awareness class on self protective measures for women at Community Health Centre, Pallithottam.

**Link:** <http://www.bbconkollam.org/>

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